US Labor Market Trends

April 2025



US labor market overview

- US job postings stood 8% above their pre-pandemic level April 4th and were down 1% from March.
- The share of job postings advertising remote positions stood at 7.9% at the end of March, down 0.3% from March.
- Annual posted wage growth has held steady at 3.1% in each of the past three months.
- Labor force participation among prime-aged workers has fallen slightly, but remains above prepandemic levels.
- The overall unemployment rate was 4.2% in March. The unemployment rate for was 3.3% among young bachelor's degree holders and 2.7% for all bachelor's degree holders.
- Private sector employers added 152,000 jobs per month, on average, from January March.
- A majority (54%) of all non-government employers added jobs in February, but the gains were not distributed equally — healthcare and social assistance accounted for 34% of the private sector's employment increase.

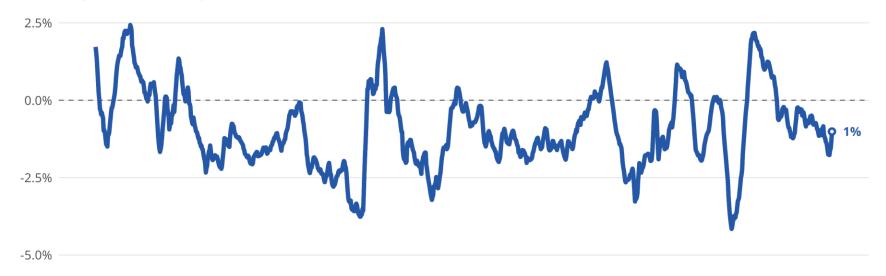
Job postings are moderating after falling past their peak

U.S. data, Index (100 = February 1, 2020), data through April 04, 2025



Job postings on Indeed are down 1% from a month ago

U.S. data, month-over-month growth in Indeed Job Postings Index, January 1, 2022 - April 04, 2025

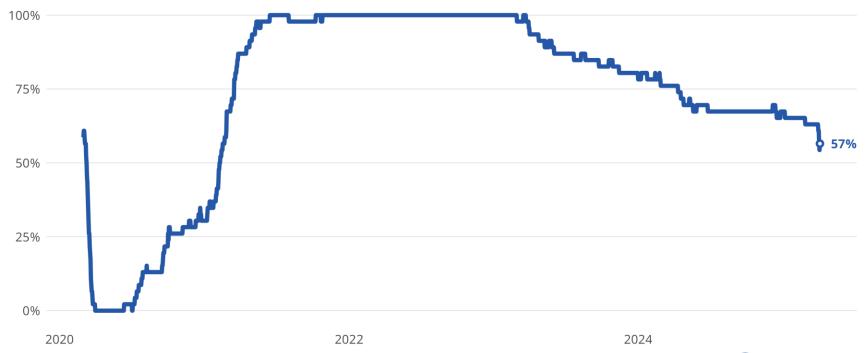


2022 2023 2024



Job postings are elevated in 57% of sectors

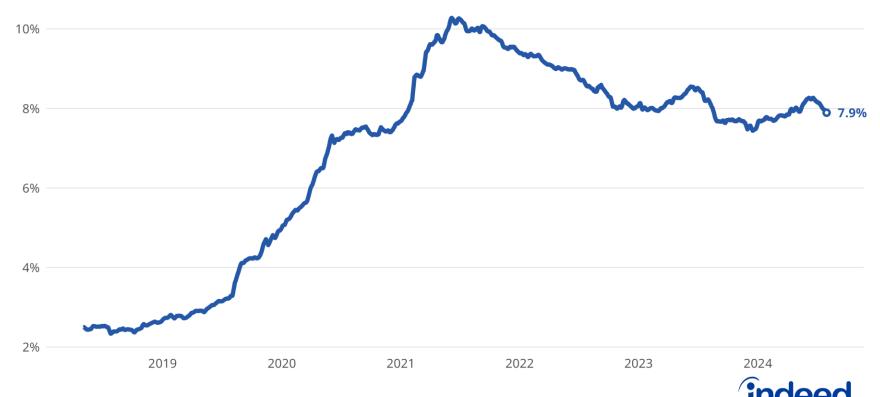
U.S. data, share of sectors with postings above pre-pandemic baseline, March 1, 2020 — April 04, 2025





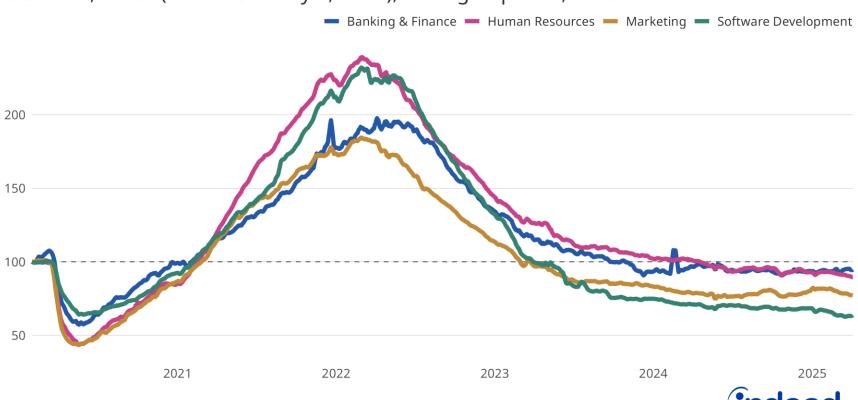
Remote postings have fallen past their peak

U.S. data, January 1, 2019 to March 31, 2025



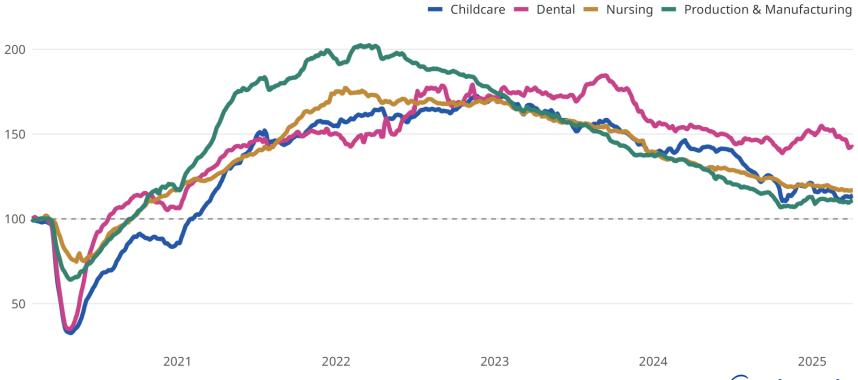
Postings are down in many traditional 'office job' sectors

U.S. data, Index (100 = February 1, 2020), through April 04, 2025



Postings are holding up better in many 'in-person' sectors

U.S. data, Index (100 = February 1, 2020), through April 04, 2025



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Postings are weak but stable in high work-from-home sectors

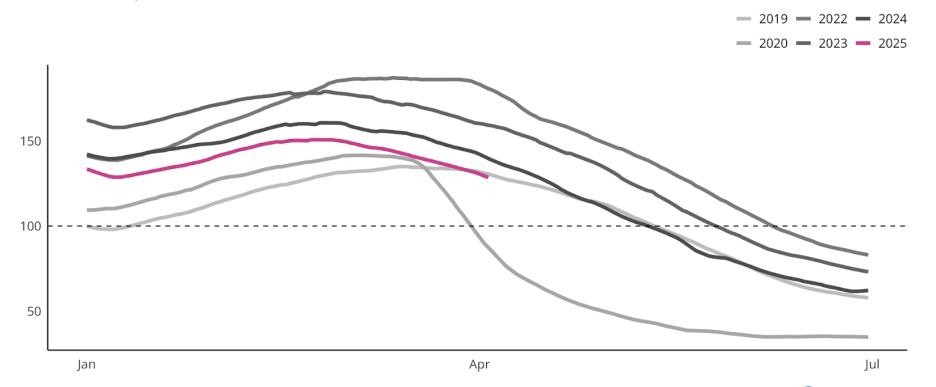
U.S. data, Job Postings Index by remote-work tier, data through April 04, 2025

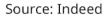


indeed

Internship postings dip below 2019 levels

Non-seasonally adjusted, 7-day moving average, Indexed to January 1, 2019 index = 100







Job openings and postings track each other

U.S. data, Index (100 = January 31, 2020)

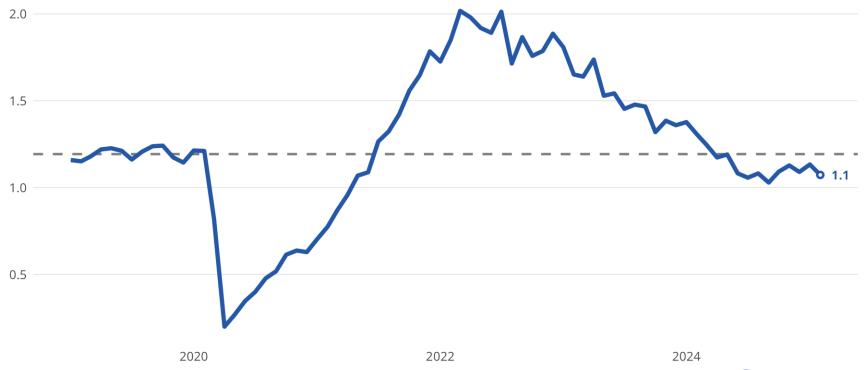






The ratio of openings to unemployment is now below 2019 levels

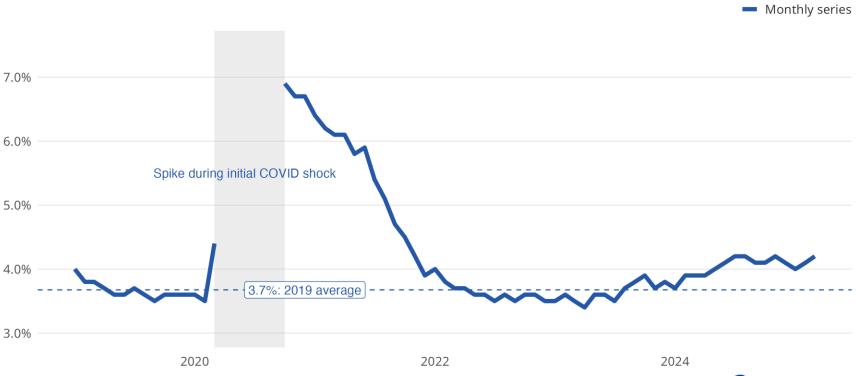
Job openings per unemployed worker, U.S. data, January 2019 - February 2025





The unemployment rate remains historically low

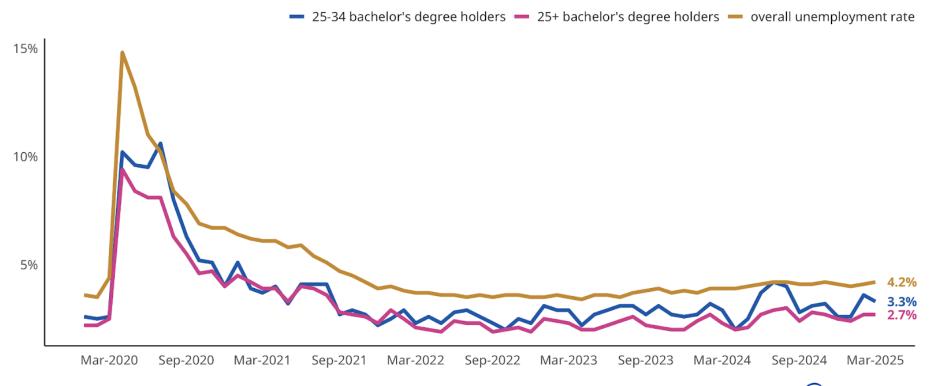
Unemployment as % of labor force, U.S. data, January 2019 — March 2025





Unemployment rate for new bachelor's degree holders compared to other groups

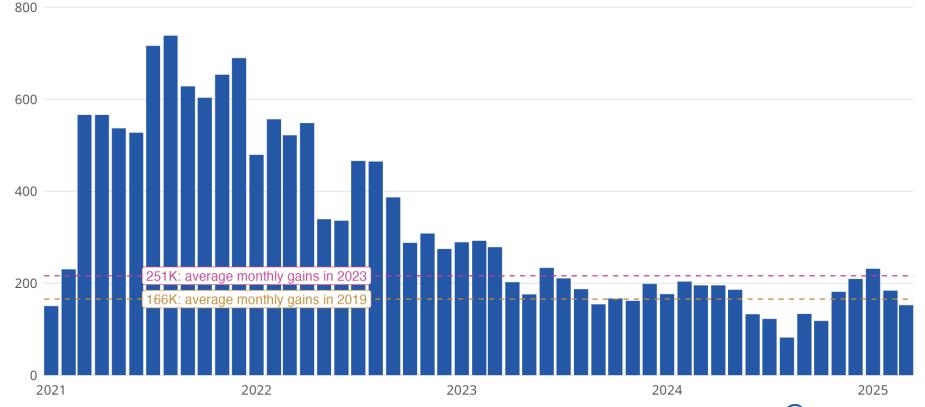
unemployment rate by age and degree status





Monthly job gains fall below 2023 average

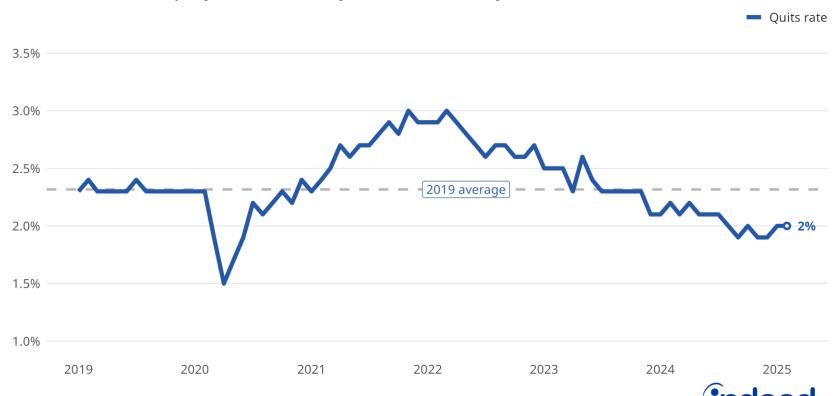
US, thousands of jobs, 3 month moving average, January 2021 - March 2025





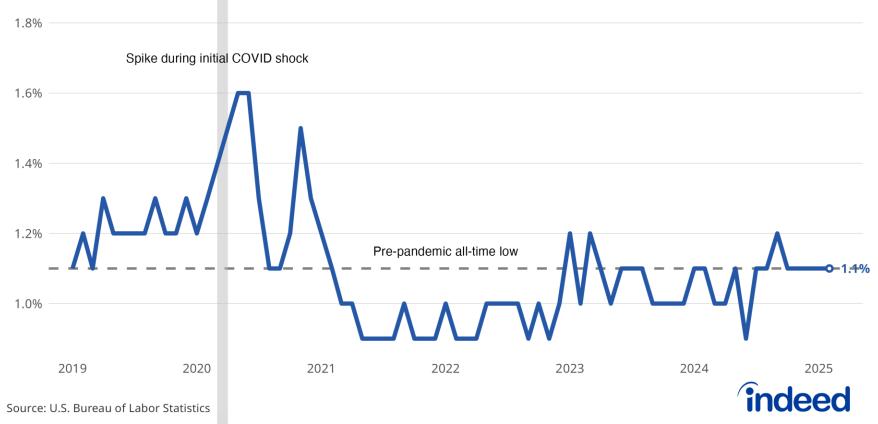
The quits rate is below its pre-pandemic level

Quits as % of employment, January 2019 - February 2025, U.S. data



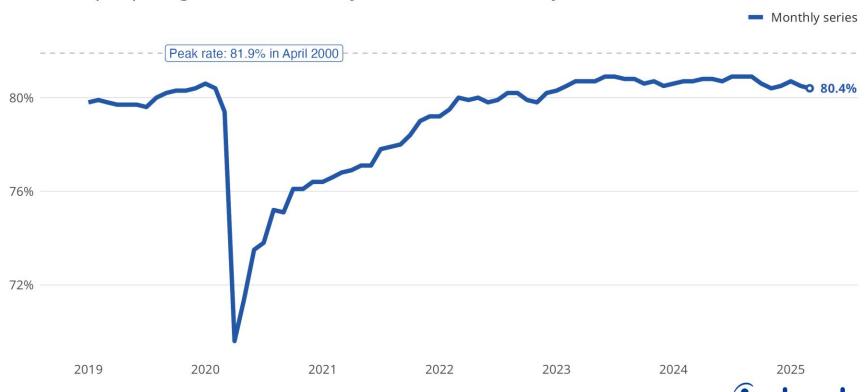
Layoffs remain low by historical standards

Layoffs and discharges rate, U.S. data, January 2019 - February 2025



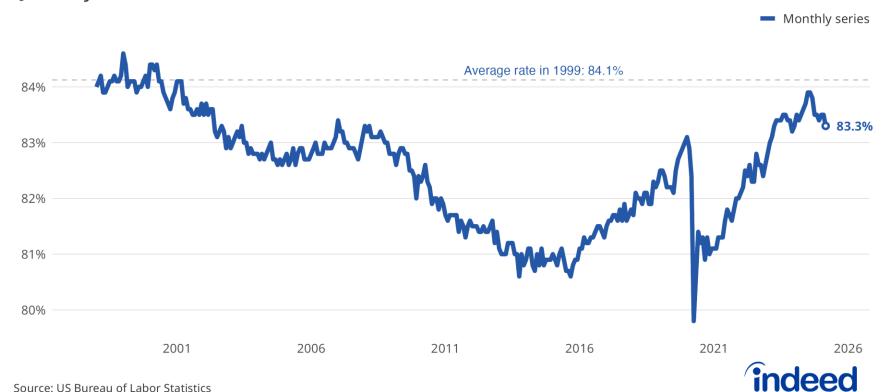
The prime-age employment rate is plateauing

Share of people ages 25 - 54 with a job, U.S. data, January 2019 - March 2025



Prime-age labor force participation is at a multidecade high

Share of workers aged 25 - 54 in the U.S. labor force, January 1998 - March 2025



Posted wage growth is slowing

U.S. data, Year-over-year growth in posted wages, January 2019 - February 2025



Source: Indeed Wage Tracker

Wage growth is stabilizing across measures

Year-over-year growth, U.S. data

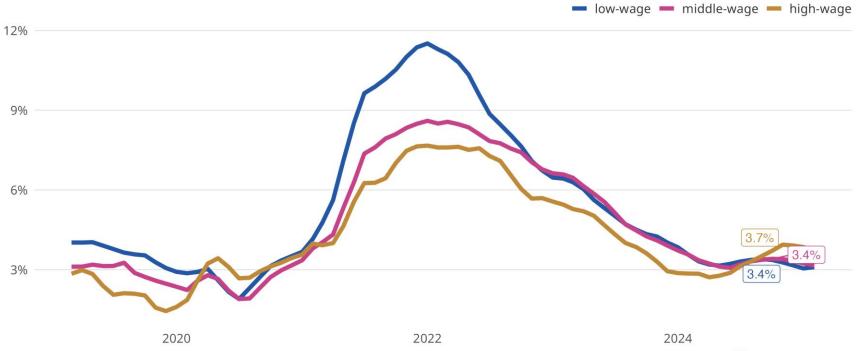


Source: Bureau of Labor Statistics-January 2019- March 2025, 2024, Federal Reserve Bank of Atlanta-January 2019-March 2025, and Indeed January 2019-March 2025



Wage growth is stabilizing across sectors

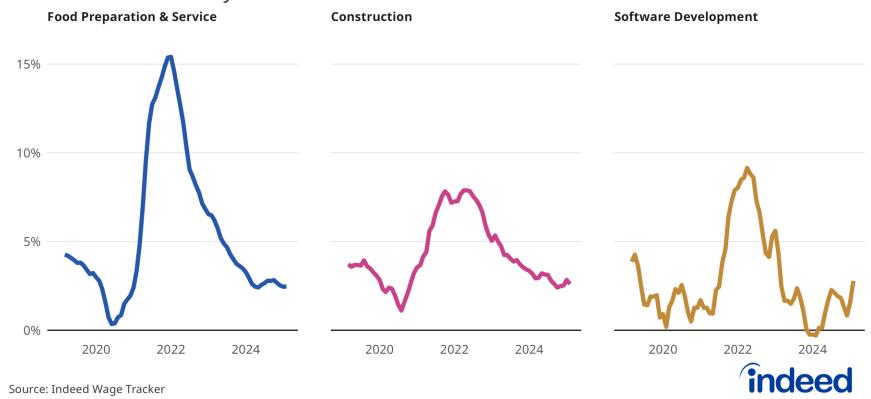
Year-over-year growth in posted wages, U.S. data, 3 month average, March 2019 - February 2025





Trends in posted wage growth by occupational sector

Year-over-year growth in posted wages, U.S. data, 3 month avgerage, March 2019 - February 2025



Posted wage growth is no longer leading to job switcher wage growt

Year-over-year growth, U.S. data







Inflation is trending down while posted wage growth stabilizes

Year-over-year growth

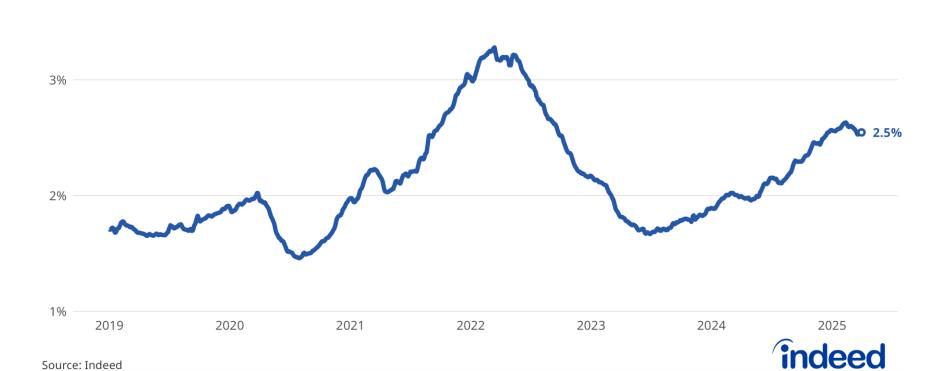


Source: Indeed Wage Tracker (January 2019-February 2025), Consumer Price Index (January 2019-February 2025)



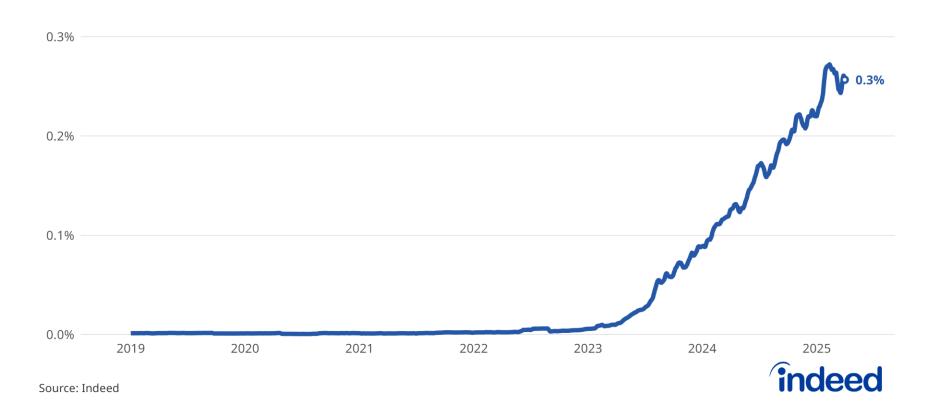
US AI job postings remain below their 2022 peak

AI jobs as a share of all US job postings, January 2019 — March 2025



US Gen AI job postings are rare but growing

Gen AI jobs as a share of all US job postings, January 2019 — March 2025



- → hiringlab.org
- → data.indeed.com

